

<p><b>E-safety awareness for parents/carers</b></p>	<p><b>Delivered by, Sam Shead</b> <span style="float: right;"><b>10 February 2016</b></span></p>
<p><b>Why is it important?</b>          42.1% of children admit they have seen online porn          1 in 12 children have exchanged messages with sexual content.          1 in 20 children admitted arranging a secret meeting with someone they met online.          3 in 10 parents let their kids use the internet without any restrictions or supervision.</p>	<p><b>Online Behaviours</b></p> <ul style="list-style-type: none"> <li>• Blogging / Vlogging</li> <li>• Searching the internet</li> <li>• Gaming</li> <li>• Uploading content</li> <li>• Downloading content</li> <li>• Chat             <ul style="list-style-type: none"> <li>• Video</li> <li>• IM</li> <li>• E-mail</li> <li>• Gaming</li> <li>• Chat Rooms</li> </ul> </li> </ul>
<p><b>Accessing the internet</b></p> <ul style="list-style-type: none"> <li>• Laptops</li> <li>• Computers</li> <li>• Smart-phones</li> <li>• Game consoles</li> <li>• Tablets</li> <li>• Gaming devises</li> </ul>	<p><b>Content</b>          “exposure to inappropriate content”</p> <ul style="list-style-type: none"> <li>• Pornography.</li> <li>• Excessive violence.</li> <li>• Hate speech.</li> <li>• Risky or illegal behaviours</li> <li>• Substance abuse</li> <li>• Lifestyle websites</li> </ul>
<p><b>Contact</b>          “Communications made to and from a young person online”</p> <ul style="list-style-type: none"> <li>• Grooming</li> <li>• Cyber bullying</li> <li>• Identity theft</li> <li>• “frape”</li> <li>• Phishing</li> <li>• Sexting</li> </ul>	<p><b>Conduct</b>          “privacy issues, including disclosure of personal information”</p> <ul style="list-style-type: none"> <li>• Digital footprint</li> <li>• Online reputation</li> <li>• Health and well-being</li> <li>• Sexting</li> <li>• SGII</li> <li>• Copyright</li> </ul>



**Safe**

- Keep your personal information safe!
- If you wouldn't say it to a stranger on the street, don't share it with strangers on the internet...

**Meet**

- Don't meet up!
- Online games can be a great place for chatting to your friends. Always know who you are talking to. If an anyone who you don't know ever ask you to meet up, say no and report it...

**Accepting**

- Think before you accept something from someone online e.g. a file, a download, a picture etc. It may contain a virus. If you don't know who it's from, and it has an attachment... DELETE IT!

**Reliable**

- Not everyone online is trustworthy. Somebody may be lying about their age and who they are. Make sure you know who you are talking to and use reputable sites and services to protect you and your computer

**Tell**

- Tell a parent, carer or trusted adult if someone, or something makes you feel worried or uncomfortable online. Also, tell someone if a friend of yours needs help online too.